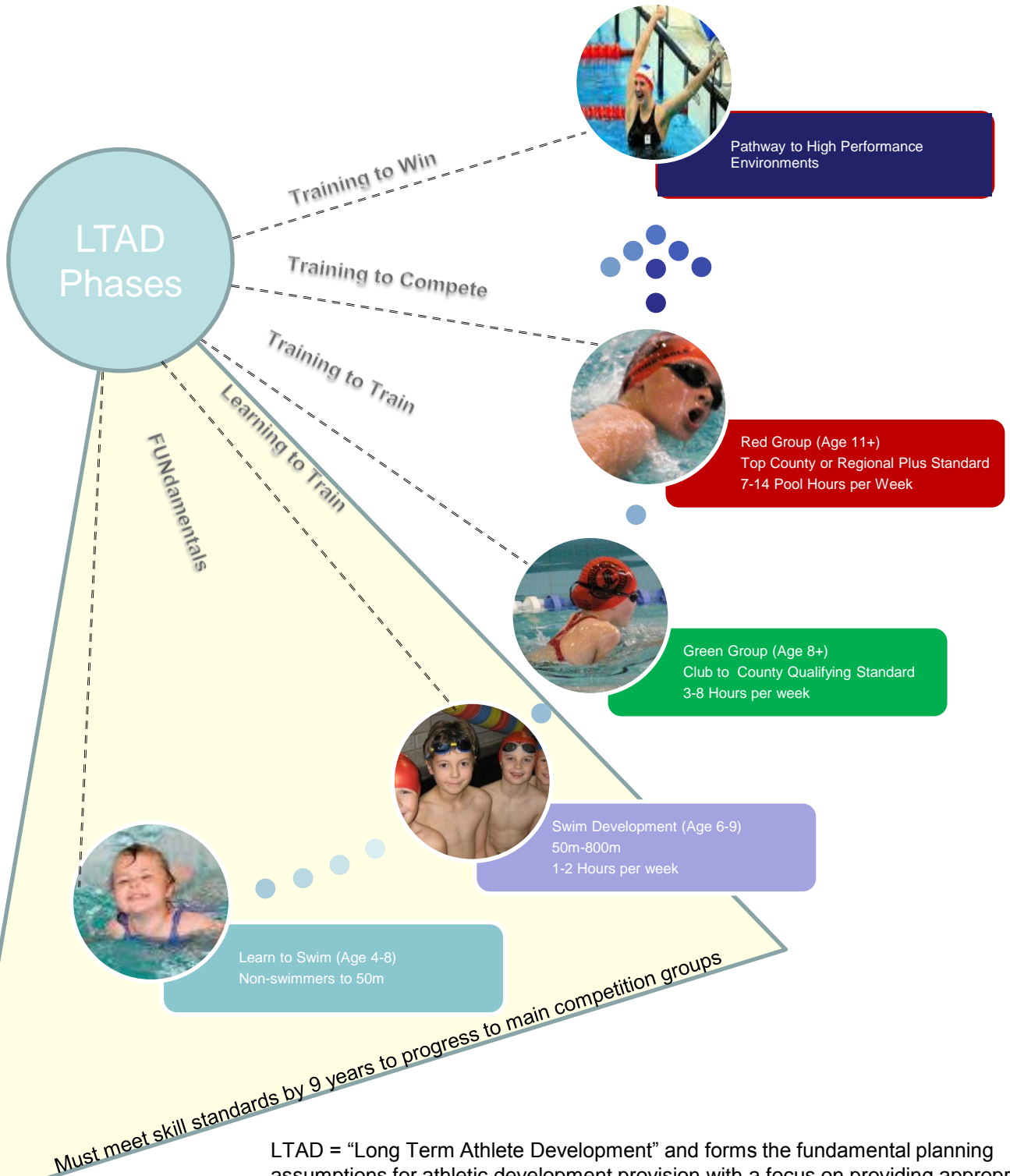




# SOUTHWOLD SWIMMING CLUB STRUCTURE & PATHWAY 2010/11



LTAD = "Long Term Athlete Development" and forms the fundamental planning assumptions for athletic development provision with a focus on providing appropriate training for developing children. See [www.southwoldswimmigclub.com](http://www.southwoldswimmigclub.com) for more information